

START *with* SHARING

Soup of the Day	5.00
Ask your server.	
Chicken Wings (GF)	10.00
Tossed in your choice of hot sauce, honey garlic, BBQ sauce, or lemon salt & pepper.	
Mozzarella Sticks (VT)	9.00
Mozzarella cheese sticks breaded and fried until golden brown. Served with spicy mayo for dipping.	
Cauliflower 65 (VG)	10.00
Crisp battered cauliflower tossed with spicy red chili sauce.	
Artichoke and Spinach Dip (VT)	10.00
Creamy dip with fresh artichoke and spinach served with tortilla chips.	
Beef Sliders	11.00
Trio of juicy beef sliders topped with caramelized onion and Monterey jack, mushrooms and Swiss, and cheddar BBQ.	
Kettle Chips (VT) (GF)	7.00
Crisp house made kettle chips and ranch dip.	
Onion Rings (VT)	8.00
French Fries (VG) (GF)	6.00
Sweet Potato Fries (VG) (GF)	7.00
Side Gravy	1.50

EAT *your* GREENS

Caesar Salad (VT)	7.50
Romaine lettuce crowned with shredded Parmesan and garlic croûtons. Add \$5 for sliced chicken breast.	
Green Salad (VG) (GF)	7.50
Artisan mixed greens tossed with tomato, cucumber and your choice of dressing. Add \$5 for sliced chicken breast.	
Taco Salad	12.00
Romaine lettuce, seasoned ground beef, corn, and beans, topped with crispy tortilla chips, salsa, and sour cream.	
Bistro Salad	12.00
Mixed baby greens with walnuts, bacon, grape tomatoes, onion strings, and blue cheese dressing topped with sliced seasoned chicken breast.	

Some ingredients are produced on campus, including our herbs, honey, and micro-greens.

Prices include GST

(VT) VEGETARIAN (VG) VEGAN (GF) GLUTEN FREE



PLATES *and* BOWLS

Turkey Club 12.00
Sliced turkey, bacon, Monterey jack cheese with fresh lettuce and tomato. Served on toasted brown bread. Served with french fries or green salad.

Chicken Tender & Fries 12.00
Served with plum sauce.

Beer Battered Fish & Chips 13.00
Draft beer-battered cod and fries served with tartar sauce.

Breakfast Bowl  8.00
Two eggs scrambled, chopped peppers and onions served with tater tots sprinkled with cheese.

Szechuan Rice Bowl 12.00
Thinly sliced carrots, peppers, and cucumbers over jasmine rice. Topped with your choice of szechuan chicken or beef.

Steak Sandwich 14.00
Sirloin steak and onion rings served on garlic bread. Served with french fries or green salad.

Popcorn Shrimp Tacos 12.00
Popcorn shrimp with coleslaw and fresh pico de gallo in a flour tortilla. Served with french fries or green salad.

BEST *of* BURGERS

All burgers topped with lettuce and tomato. Served with your choice of fries, side salad, or soup. Add \$2 for onion rings or sweet potato fries.

Towers Burger 13.50
Brioche roll with a beef patty, sharp cheddar cheese, smoked bacon, sautéed mushrooms and onions, and a thick-cut beer-battered onion ring.

Big MacEwan Burger 15.50
Two beef patties, thousand island dressing, lettuce, cheddar cheese, pickles and onions served in a three part sesame seed bun.

Crispy Buffalo Chicken Burger 13.00
Brioche roll with crispy buffalo chicken burger and Swiss cheese.

Black Bean Burger  12.00
Brioche roll with a grilled black bean burger and provolone.

Classic Burger 10.00
Brioche roll with your choice of a chuck ground beef patty or grilled chicken breast topped with cheese.

+ **Bacon** 2.00

+ **Cheese** 1.00

+ **Sautéed Mushrooms** 1.00

+ **Beef Patty** 5.00

+ **Chicken Breast** 5.00

+ **Gluten Free Bun** 1.00

Prices include GST

 **VEGETARIAN**

 **VEGAN**

 **GLUTEN FREE**



CRUNCH TIME COMFORTS

Take a break from studying for your exams and refuel with these special menu items.

Ball Park Hot Dog **7.00**

All-beef hot dog topped with fried onions, mustard, ketchup and relish. Served with french fries.

Kettle Chip Nachos **7.00**

Fried nachos smothered in cheese, tomatoes, green onions and olives. Served with salsa and sour cream.

Traditional Poutine **7.00**

Fries served with cheese curds and vegetarian gravy.

Chili Bowl **6.00**

Traditional beef chilli served in a bread bowl.

Sourdough Grilled Cheese **8.50**

Served with homemade tomato soup

Turkey Ciabatta **10.00**

Oven-roasted Turkey Ciabatta sandwich, with cranberry mayo, harvati cheese, lettuce and tomato. Served with fries or salad.
